

Our Mission

Our team provides personalized, gender-affirming services for adults and children. Comprehensive care starts with establishing goals collaboratively with your provider. We offer consultations with behavioral health providers, surgeons, endocrinologists, primary care physicians, obstetricians/gynecologists, physical therapists, voice specialists, and more.

For More Information

Visit DukeHealth.org/Diversity-Equity-and-Inclusion/LGBTQ or email GenderCare@duke.edu

The Duke Gender Care Team Includes:

- [Duke Adult Gender Medicine](#)
- [Duke Adolescent Medicine](#)
- [Duke Chaplain Services and Education](#)
- [Duke Child and Adolescent Gender Care](#)
- [Duke Department of Surgery](#)
- [Duke Family Medicine](#)
- [Duke Fertility Center](#)
- [Duke Infectious Diseases](#)
- [Duke Lifestyle and Weight Management Center](#)
- [Duke Obstetrics and Gynecology](#)
- [Duke Physical and Occupational Therapy](#)
- [Duke Plastic Surgery](#)
- [Duke Psychiatry and Behavioral Sciences](#)
- [Duke Urology](#)
- [Duke Voice Care Center](#)
- [Duke Women's Health](#)



Duke Gender Care

Gender-Affirming
Interdisciplinary Clinics
at Duke Health



Services

Family Medicine

Duke Family Medicine Center offers a range of culturally sensitive, knowledgeable, medical services for LGBTQ+ patients. We work with specialists throughout Duke to provide adult gender care, gender-affirming hormone therapy, PrEP for people at high risk for HIV infection, and gynecological care, including birth control and STD testing.

Adult Gender Medicine

Our dedicated experts in gender-affirming therapy provide the highest quality care personalized to your needs. Care includes collaboration between endocrinologists and family medicine practitioners who are working with transgender patients. In addition to providing gender affirming hormone therapy, we have primary care providers who have a special interest in delivering comprehensive primary care to transgender individuals.

Gender Care for Children and Adolescents

Our team of specialists uses an integrative, holistic approach to provide quality, comprehensive and compassionate family-centered care to transgender youth, gender-expansive youth, and children with differences of sex development.

Your child's care team will include a pediatric endocrinologist, pediatric urologist, adolescent medicine specialist, pediatric psychologist, and social worker. We work with specialists in gynecology, fertility, and family and community medicine to provide holistic, individualized care that considers all aspects of your child's life.

Plastic Surgery

We offer surgical consultations and follow-up appointments in our office for the following surgical options, which are available to transgender and gender non-conforming patients: chest reconstruction, mastectomy (techniques offered: nipple-sparing, double incision, keyhole, peri-areolar, buttonhole, liposuction), breast augmentation using implants and fat grafting, body contouring, liposuction, Botox injections and dermal fillers.

Voice Modification

We offer gender-affirming voice services at the Duke Voice Care Center for transgender and gender-diverse patients. You can meet in person at our Durham or Raleigh clinics, or virtually. Our voice therapists (speech pathologists specializing in voice) and laryngologists (ENT doctors with fellowship training in phonosurgery) provide trans-competent voice evaluations and behavioral voice intervention for adults and children. Depending on your goals and needs, we can help you alter your vocal pitch, intonation, timbre, aspects of nonverbal communication, and more. Our voice specialists also moderate the Gender-Affirming Vocal Skills Virtual Group for TGNC+ adult patients who are interested in practicing with their modified voices in a group setting.

Physical Therapy

The benefits of physical therapy are often overlooked for transgender and gender non-binary patients. Duke Health offers physical therapy services that support patients in working toward specific transition and health goals. Physical therapy services may include exercise

prescription to improve muscle strength and mobility, weight management education, lymphedema management and pelvic floor treatment.

Reproductive Care

Our ob-gyn specialists are committed to providing equitable health care. Our family planning services provide counseling and contraceptives. If you're pregnant or planning to be, we provide low-risk prenatal care, including one-on-one and group prenatal support. The Duke Fertility Center offers a comprehensive program for LGBTQ+ couples who wish to conceive. Our fertility specialists recommend fertility treatments and other options such as egg or sperm donors and surrogates. Patients who need high-risk pregnancy care are referred to our high-risk pregnancy specialists.

Fertility Services

Transgender people have an opportunity to build a family through the support of the Duke Fertility Center. It is important to understand your reproductive potential and plan ahead if you are in the process of transitioning or planning to in the future.

Psychiatry and Behavioral Sciences

Our team of mental health providers includes social workers, psychiatrists, clinical psychologists, and psychiatric nurse practitioners. We offer consultation, behavioral health evaluations, psychiatric medication evaluation and management services, and short-term therapy. Group therapy sessions are made available seasonally for transgender and gender expansive youth, as well as for their parents.